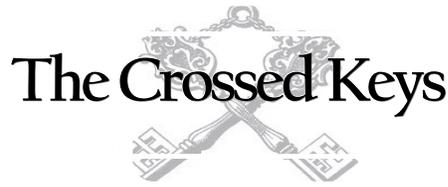




Fr. John Inserra
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February 2016

Lent 2016 at St. Peter's

Reminder, Lent begins on Ash Wednesday – Feb. 10th We will have services here at 12 noon and 6pm.

Soup Supper's 2016: 4 weeks with The Lord's Prayer

The Lord's Prayer has been held as Sacred since the days of the Apostles, and it has been prayed regularly in churches throughout the world since. Most of us have this prayer memorized, and while that is a good thing – we often gloss over some of the impact the prayer would have had for those listening to Jesus teach it. Join us for 5 weeks on the most commonly said and memorized prayer in all of the Christian faith, as we rediscover the depths and riches of the Lord's prayer.

The schedule is as follows:

Feb. 17th – There will be no Soup Supper this night due to a travel commitment Fr. John has for the Episcopal Church. Soup Suppers will begin on the following week.

Feb. 24th – *Our Father who art in Heaven:* The purpose of the prayer, and why we start it of the way we do.

March 2nd – *Hallowed be thy name, Thy Kingdom come, Thy Will be done, on earth as it is in heaven:* Bringing heaven down to earth. What are the things we pray for first?

March 9th – *Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us:* Does God's forgiveness depend on ours?

March 16th – *And lead us not into temptation but deliver us from evil:* Does God lead us into temptation?

Each night follows the schedule below

5:30pm with optional Stations of the Cross in the church.

6pm – Soup Supper

6:30pm – Teaching on the Lord's Prayer

It is my plan for the evening to conclude right around 7:00pm.

I look forward to seeing all who are able to make it for Wednesday's in Lent.

Fr. John continued pg 3...



Dr. John Milliken-Family Minister
 drjohn@stpeterssheridan.com
 307-461-1924



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Greetings!

Most of the people who come to work at LCC are here because they care about seeing students changed. That’s certainly what drives us and what we, too, hope to see during our time here this semester. I have been here a month now and am starting to get to know some of the students beyond just their names and discover where they are coming from and what they might be dealing with at this point in their lives. I want to share with you a few sketches, which give a good sense of the spectrum of students and the kind of work this place can do. (I can’t imagine how this would ever get back to anyone here, but just in case I’ve changed the names.)

*Dmitri:* He shared with me the struggles of his childhood growing up in Ukraine. He was never one to go along with the crowd and this got him into a lot of trouble. He told me that young boys are expected to be very macho and mean to girls (insulting them, being physically aggressive with them, etc.). One day, in elementary, a group of boys pushed a girl to the ground and called her names. Feeling bad for her, he tried to intervene and help her up. The boys, naturally enough, made fun of him for this; but he tells me the girl also responded very negatively. “This is just the way things are,” she said. “Why are you trying to make problems?” He found his culture a brutal and repressive one in which he always felt an outsider. He is now a senior at LCC planning to go to graduate school in the US. He read the Bible for the first time in his life here and was “shocked” to find out that Jesus embodied so many of the values he resonated with. At this point he is still undecided as to whether Christianity is fully true or whether he wants to commit himself to it.

*Ingrida:* Ingrida comes from Romania and describes herself as a “postmodernist nihilist.” We had a long conversation about whether there were any foundational truths, at least in the matter of rules of logic, upon which we might build or whether instead everything (literally!) was just a matter of perspective. I have met students like Ingrida before, who have somewhere along the way imbibed such a thoroughgoing skepticism about everything that it is hard to even have a coherent discussion. She is bright, but very guarded. I get the impression that life has not been easy for her. She has a strong distaste for Christians, whom she finds to be hypocrites. She says she likes to remain aloof from committing herself to anything to avoid the risk of being tainted by it.

*Iveta:* Iveta grew up in an orphanage in Vilnius, the capital city of Lithuania. She has no knowledge of her parents. She was happy as a small child, she says, since her life was normal to her and she knew nothing different. When she began to attend school, however, things became difficult. She was bullied and teased because she was an orphan and also because she does not look ethnically Lithuanian. She says that when she was only twelve she realized she had no one and if she was going to make it in life it was up to her.

In part, she thinks this realization kept her out of troubles to which many others in her situation were prone. She came into contact with a church towards the end of high school and became a Christian. That led her to enroll at LCC, where she says she has been “completely transformed.” She is a psychology major and plans to pursue a master’s degree after she graduates this spring. She wants to pursue something in the area of child development or grief counseling. She will be married this summer.

*leva*: This is my angry student. She comes late, sits in the back, and wears a scowl. When she has spoken up in class, it has usually been to voice a complaint (in the form of a question) or to make a cutting reply to a fellow student. I learned from a former student (who graduated last year) that leva is notorious for her promiscuous lifestyle. I can only guess what her life has been to this point.

*Bogdan*: In this case, the name is real. I have recorded an informal interview with him that I plan to post to the blog (as soon as he gets me a picture). So here’s the short version. Bogdan wound up here at his father’s insistence after the latter converted to Christianity during Bogdan’s high school years. In his freshman year, because of his classes and a small group in a faculty member’s home, he decided Christianity was true and embraced it. He has given up his former ambitions and will be helping to pastor a new church in Vilnius when he graduates (with his wife, whom he met here). I recently found out from another student that he began a small Bible study in his sophomore year that now attracts as many as twenty fellow students on a Friday evening.

I would appreciate your prayers for these students, each of whom needs them in his or her own way. And please continue to pray for me, and for Rachel, Chayah, and Noah, that we might present Christ here in word and action as God gives opportunity.

In Christ,  
John

Dr. John Milliken’s webpage, may be found at address:  
<http://millikenlcc.wordpress.com>

....Fr. John continued

### February Schedule for the Gospel of Luke Study

| Sunday at 9am | Thursday at 4:30pm | Text in Luke | Chapter in NT Wright guide |
|---------------|--------------------|--------------|----------------------------|
| Feb 7         | Feb 11             | Chapter 3    | 4                          |
| Feb 14        | Feb 18             | Chapter 4    | 5                          |
| Feb 21        | Feb 25             | Chapter 5    | 6                          |
| Feb 28        | March 3            | Chapter 6    | 7                          |



## Reintroducing St. Peter's Intercessory Prayer Chain

*First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all People. 1 Timothy 2:1*

### What is a Prayer Chain?

It is a group of people who are linked together like a chain, and committed to pray for other people in need. Prayer chain members are linked together, like a chain, to one another so that the needs for prayer can be passed on to all the members of the chain. When the request for prayer is received the coordinator notifies the prayer chain members by e-mail or phone; the members start praying immediately and continue to pray for the requested person daily for a specific time frame.

In an answer to prayer – a confidential email prayer chain is being reestablished at St. Peter's.

### How to become involved?

Any parishioner interested in praying for others' immediate and urgent needs is invited to contact Jodene Prusak; phone 307-752-7237 or e-mail [duffyprusak@gmail.com](mailto:duffyprusak@gmail.com) to join the Prayer Chain. No special skills are required other than a strong dedication to pray for others and the ability to refrain from gossiping.

This Prayer Chain is not replacing the printed prayer request in the Sunday Bulletin nor hospital visits carried out by Fr. John or Deacon Juanita; but rather to assist in providing additional opportunities for parishioner to receive prayers and to minister to others.

### Ways to make prayer request known

- 1) Contact coordinator Jodene Prusak: [duffyprusak@gmail.com](mailto:duffyprusak@gmail.com) or 307-752-7237 or Mike Evers: [mevers9@bresnan.net](mailto:mevers9@bresnan.net) or 307-672-4928 or 307- 751-6251
- 2) Contact Fr. John or Deacon Juanita
- 3) Contact church office or fill out form found in pews

### What constitutes a prayer request?

Any situation that causes sadness, anxiety and distress  
Those dealing with grief and loss  
Accident victims  
Those preparing for, or recovering from surgery or illness  
Those going through stressful times in their lives  
Any who are fearful  
The terminally ill  
Those with family worries  
Any situation that a person wants to life up to God

Prayer Chain parishioners will be asked to meet every couple of months to pray for each other and to track answered prayer. New links on the prayer chain are always welcome. If you feel called to pray for the needs of others please contact coordinator Jodene Prusak.

*Oh give thanks to the Lord; call upon his name; make known his deeds among the peoples! Psalm 105:1*



**St. Peter's Ministry Schedule • February Greeter-Lynn Outland**

|                    | <b>February 7</b>                                         | <b>February 14</b>                                             | <b>February 21</b>                                     | <b>February 28</b>                                           |
|--------------------|-----------------------------------------------------------|----------------------------------------------------------------|--------------------------------------------------------|--------------------------------------------------------------|
| <b>LEMS</b>        | A: J. Smith<br>B: J. Smith<br>C: J. Smith<br>D: P. Sorvik | A: None<br>B: None<br>C: J. Smith<br>D: J. McKnight            | A: None<br>B: None<br>C: J. Smith<br>D: J. McKnight    | A: None<br>B: None<br>C: J. Smith<br>D: P. Sorvik            |
| <b>LAY READERS</b> | 7:30<br>F&S Asmus<br><br>10:00<br>M&M Evers               | 7:30<br>L. Galloway<br><br>10:00<br>L. Greenough<br>L. Outland | 7:30<br>S. Bedard<br><br>10:00<br>S&S Peddicord        | 7:30<br>P&C Clark<br><br>10:00<br>P. Haworth<br>L. Greenough |
| <b>USHERS</b>      | F. Smedley<br>K. Ferguson<br>M. Dailey<br>D. Goodwin      | F&G Boley<br>S. Mentock<br>C. Nicholls                         | S. Tharaldson<br>R&L Rossa<br>M. Stopka<br>K. Ferguson | C. Haworth<br>F. Smediley<br>D. Goodwin<br>M. Dailey         |
| <b>ACOLYTE</b>     | A. Heyneman<br>J. Eisenach<br>Q. Heyneman                 | C. Mentock<br>J. Eisenach<br>B. Mentock                        | N. Haworth<br>J. Eisenach<br>M. Fritz                  | N. Haworth<br>L. Alsup<br>K. Alsup                           |

**For any questions or changes for the ministry schedule contact ~ Juanita Smith at 673-4928**



- Feb. 01 Beth Gutz, Nick Evers & Maya Fritz
- Feb. 02 Gail Boyer
- Feb. 03 Gini Chase
- Feb. 04 Barbara Searle
- Feb. 05 Charles Fitzpatrick
- Feb. 06 Cheryl Reeves
- Feb. 08 Danae Brandjord & Thomas Schnatterbeck
- Feb. 09 Phoebe Gligorea

- Feb. 14 Aria Heyneman
- Feb. 15 Ashley Rogers
- Feb. 16 Morris Zempel
- Feb. 17 Ken Heuermann & Wendy Gale
- Feb. 19 Joseph Campbell
- Feb. 21 Gary McKnight
- Feb. 22 Charles Holloway
- Feb. 24 Carol Bickel & Sherri Wheelock
- Feb. 26 Larry Sanderson

## What I forgot at the Annual Meeting

I appreciate everyone who came to the Annual Meeting. Annual Meetings sometimes feel like a trip to the Dentist, something you need to do but not necessarily something you want to do. I do not know any retired priests who miss them. They are important as they offer opportunities to elect leaders and continue our commitment to financial transparency. They also provide an opportunity to thank those who have served.

This year our outgoing Vestry members were

Paul Haworth  
Billie Chapman  
Lynne Outland  
Holland Duell

They have all served this church well, bringing their gifts and energy to the church. It has been fun to work with each of them and we will miss them on the Vestry. These four were my first class that came on the Vestry when I was called here, and it is hard to believe I have been here long enough to see them go.

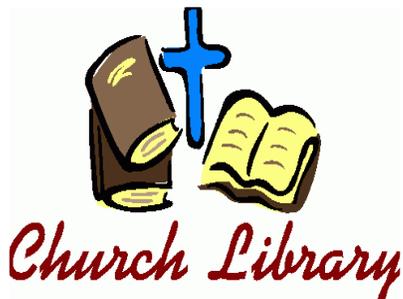
Well done, good and faithful servant (Matthew 25:23). Please join me in extending appreciation to these four for their service in leadership to St. Peter's and the Body of Christ.

John+



The following excerpt is from a book I am currently reading titled,  
Theology for a Troubled Believer: An Introduction to the Christian Faith by Diogenes Allen.  
It is something to think upon during our time in Lent. -Juanita

"Our failure to work properly with God and to trust God by seeking to follow God's ways is the primal sin because it is the source of other sins. Without an orientation on God, our desires and appetites lack a source of restraint and order, our minds are directed toward our purposes and ends, and our hearts become centered on false hopes. We fail to heed a most obvious truth: Only in God can we find our bearings and cleanse our minds and hearts sufficiently to seek God's kingdom."



### **New Books in Library-Check them out!**

Come Rain or Come Shine - Jan Karon

Fr. Timothy Kavanagh - Mitford Series

Metaxas Books -

7 Men, 7 Women, Miracles

Timothy Keller Books

February  
2016

# Lent

St. Peter's  
Church  
Calendar



| Sunday                                                                                                                                                     | Monday                                                                                                             | Tuesday                    | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Thursday                                             | Friday | Saturday |
|------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|----------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------|--------|----------|
| HE: Holy Eucharist<br>HS: Healing Service<br>SRS: Sugarland Ridge                                                                                          | 1<br>Handbells<br>6:30                                                                                             | 2<br>10:00 HS<br>1:00 SRS  | 3<br>Women's Council<br>9 AM                                                                                                                                                                                                                                                                                                                                                                                                                                                        | 4<br>Red Door<br>10-3<br><br>Choir Practice<br>6:30  | 5      | 6        |
| 7<br><br>Last Sunday of Epiphany<br><br>7:30 HE<br>10:00 HE                                                                                                | 8<br>Handbells<br>6:30<br><br>President's Day                                                                      | 9<br>10:00 HS<br>1:00 SRS  | 10 <br><b>Ash Wednesday</b><br>Services at<br>12 noon & 6pm<br><br>St. Nick's Crafters                                                                                                                                                                                                                                                                                                             | 11<br>Red Door<br>10-3<br><br>Choir Practice<br>6:30 | 12     | 13       |
| 14<br>1st Sunday of Lent<br><br>7:30 HE<br>10:00 HE<br> Valentine's Day | 15<br>Handbells<br>6:30                                                                                            | 16<br>10:00 HS<br>1:00 SRS | 17<br><br>No Vestry Meeting<br><br>St. Nick's Crafters                                                                                                                                                                                                                                                                                                                                                                                                                              | 18<br>Red Door<br>10-3<br>Choir Practice<br>6:30     | 19     | 20       |
| 21<br>2nd Sunday of Lent<br><br>7:30 HE<br>10:00 HE                                                                                                        | 22<br>Handbells<br>6:30                                                                                            | 23<br>10:00 HS<br>1:00 SRS | 24<br>St. Nick's Crafters<br><br>First Soup Supper<br>6pm<br>                                                                                                                                                                                                                                                                                                                                    | 25<br>Red Door<br>10-3<br><br>Choir Practice<br>6:30 | 26     | 27       |
| 28<br>3rd Sunday of Lent<br><br>7:30 HE<br>10:00 HE<br><br>Altar Guild-8:30                                                                                | 29<br>Handbells<br>6:30<br><br> |                            | <p><b>Feb 17</b> - No Soup Supper this week.<br/> <b>Feb 24</b> - 5:30 Stations of the Cross; 6pm-Soup Supper; 6:30 Teaching-Our Father who art in Heaven<br/> <b>Mar 2</b> - 5:30 Stations of the Cross; 6pm-Soup Supper; 6:30 Hallowed be thy name<br/> <b>Mar 9</b> - 5:30 Stations of the Cross; 6pm-Soup Supper; 6:30 Give us this day our daily bread....<br/> <b>Mar 16</b> - 5:30 Stations of the Cross; 6pm-Soup Supper; 6:30 God does not lead us into temptation (?)</p> |                                                      |        |          |

**ST. PETER' S EPISCOPAL CHURCH**  
**1 SOUTH TSCHIRGI STREET**  
**SHERIDAN, WY 82801**



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Sr. Warden-Patrick Henderson  
 email: phenderson@vcn.com  
 Phone: 461-0554

Jr. Warden-Liz Swanson  
 email: swanson238@bresnan.net  
 Phone: 674-6662

**St. Peter's Office Hours**  
 9:00 am to 2:00 pm (Monday - Friday)  
 Office Phone: 674-7655

**St. Peter's Office and Music Staff**  
 Gail Boyer: Parish Administrator (674-7655)  
 Karon Keahey: Parish Secretary (674-7655)  
 Suzie Schatz-Benson:  
 Music Coordinator (763-0525)  
 Jeannene Mc Knight: Organist  
 Cathy Storm: Pianist



**Open to everyone!**

**Handbells Practice**  
 Mondays at  
 at 6:30 PM



**Choir Practices** are held on  
 Thursday's at 6:30 PM. If you love to  
 sing and would like to be a part of  
 these vital ministries, contact Suzie  
 Schatz-Benson at 672-2140